

Materials and Supplies List

Drawing for the Mind with Nina Buxenbaum

Below is the material list, most of it is quite simple but there's a little bit of extra effort to get a couple of the products, however a little extra time spent here will truly help you learn quicker.

Most things are inexpensive or some you might already have.

- 9" x 12" Sketchbook
- Drawing Pencils: 6B, 4B, 2B, HB, 2H, 4H
- Vine charcoal (soft) -- several packages or a box
- Compressed charcoal sticks: minimum 2H (hard), HB (hard), 2B (medium), and 4B (soft)
- Drawing crayons (conte sticks), black or sanguine (reddish-brown): avoid hard drawing crayons
- x-acto knife and blades.

When sharpening pencils I use a Stanley knife because you can get an extremely fine, sharp point and you can sharpen it so there's more pencil lead exposed (and you feel slightly like Bear Grylls.)

If you have an aversion to using a Stanley knife or blade, then a standard pencil sharpener will do the job just fine.

- Kneaded eraser
- Magic Rub, or Stedler Plastic eraser
- Tube eraser
- Prisma Color Pencils -- 12 color set minimum (optional)
- Oil Pastels (Nu Pastels or Rembrandt) (optional)
- Water Soluble Crayons (Caran d'Ache)
- Roll of Drafting tape
- 1/8" dowel stick or suitable alternative (thin knitting needle, shish-kebob skewer)
- Viewfinder(s) constructed of rigid material (1 1/2" x 2", 2 1/4" x 3", and 3" x 4" for 18" x 24" drawing format)
- Supply boxes for storage of supplies
- Folder for handouts
- Workable Spray Fixative
- Chamois or blending stumps
- Black India ink (nonwaterproof)
- small metal or plastic palette with individual sections (plastic egg cartons work well)
- Assortment of water jars or cans or plastic containers
- Assortment of brushes-Flats and rounds, wash and acrylic, a variety of sizes from 1/2" to 3"

- **Wipe-clean/Non permanent marker pen - Black Medium Tip** (Stabilo OHP Pen or similar)
- **Permanent marker pen - Black Fine Tip**
- **Plastic Ruler 30cm**

A note on paper: Drawing Paper can come in many shapes, forms and tones. I recommend a 18 x 24 mixed media drawing pad and a smaller water color drawing pad for wet mediums.

Anything around this requirement will be fine, if you have a sketchpad already, you can use that.

- **Black lightweight card** to make the Viewfinder
- **Frame & a Perspex sheet/Plexiglass** to make the Picture Plane

So basically these 2 items will combine to create a black frame with a perspex window.

Black lightweight card - This makes up your frame you will need:

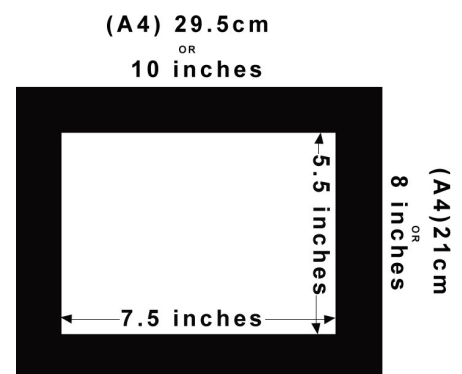
1 piece of black card, A4 or 8 x 10 inch, depending on what size you can get your perspex in (see Picture Plane below.)

With a 5.5 x 7.5 inch cut out.

You can of course make this frame yourself using thin card but it's those Stanley knives again!

For ease you could go to your local framer and get them to cut a piece of black mount board A4 or 8 x 10 inch outside edge with a 5.5 x 7.5 opening cut out to make the frame.

Often you can ask them for an off-cut to do this with as it's quite a small size.



- **Perspex/Plexiglass Picture Plane** -
- This makes up the window of your frame you will need either:
 - a clear Acrylic Perspex Sheet - A4 Size or 8 x 10 inch. Ideally 3/4mm thick
- OR
- a piece of plexiglass out of an inexpensive frame - A4 Size or 8 x 10 inch (whichever you can easily get)

- **Bulldog Clips**

This is to clip the viewfinder frame to the perspex.